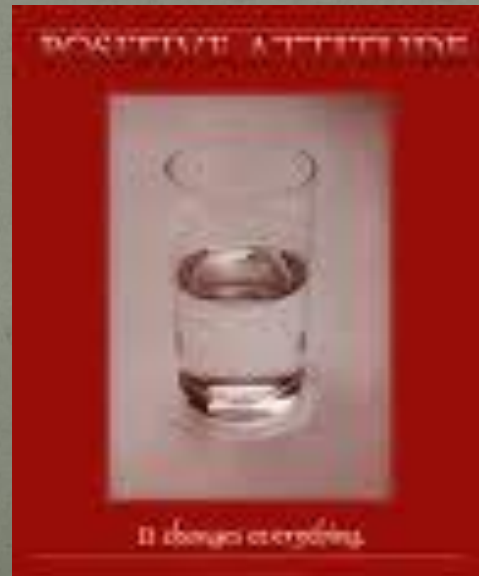


# Attitude

## Shaping Mental Latitude



# Attitude game



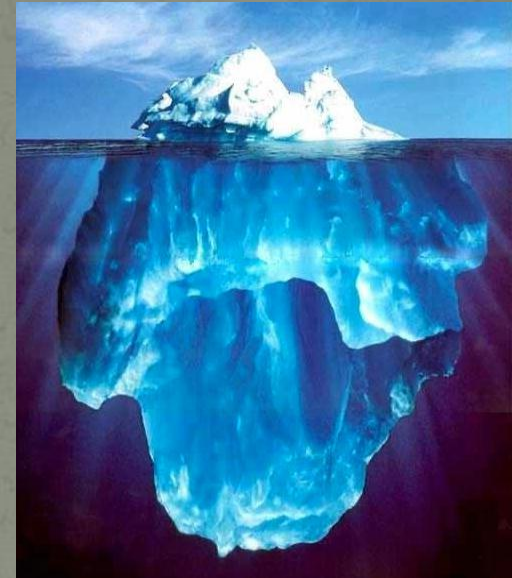
The only disability in  
life is a bad  
attitude.

~Scott Hamilton

# Looking at attitude

- Literally, whilst narrating/describing a character.
- Philosophically, as a way or method of understanding the world.
  - Psychologically, as a state of mind.
- In the Corporate jargon, as an index of smartness or cleverness of actions.
- In the Fashion industry, attitude means the “style quotient”.

# What Do We Mean By Attitude?



1. **KNOWLEDGE** : Am I **AWARE** of the broad spectrum?
2. **SKILL** : Am I **FOCUSING** on the scenario correctly?  
Can I **LOCATE** the barriers or challenges?
3. **EXPERIENCE**: Do I possess enough **CONFIDENCE** and **ACUMEN** in initiating the change?

# Types of attitude

- **Holistic:**

- embrace and integrate the existing functions; think beyond the present; go to the root cause of problem.

- **Wavering:**

- watch life happen and observe others; play it safe and try to avoid risks; are afraid of change; are often tired or detached.

- **Alleyway:**

- narrow minded; focus only on what is in front; like the predictability and limited responsibility; feel most comfortable when others make the important decisions; feel threatened when anything out of the norm happens.

# What is a right attitude

- One which does NOT get influenced by the limited resources available, or the limited constraints.
- One which is above a personal belief system or mental positioning.
- One which signifies the motto: “Looking and understanding things as they ARE”.
- One which demonstrates universal values like courage, positivity, accountability, self-reliance etc.

# Benefits of Right Attitude

- Helps in maintaining a positive, progressive and productive environment.
- Wastage of resources is minimized.
- Accurate and timely decisions are taken, ensuring the benefit of all concerned.
- Dependency on external changing-dynamics is minimized.
- Elements of adventure and openness maintain a refreshing and enthusiastic spirit.
- Creating excuses or blaming others is under check and thus cordial inter-personal relations are maintained.

# How and why of: “attitude takes one to altitudes”

- **Behavioral change** : action-based
- **Intellectual change** : understanding
- **Emotional change** : motivational
- **Attitudinal change** : thinking paradigm

# Approaches towards right attitude

- Out-of-the-box
- Holistic/Integrated
- Active participation
- Taking calculated risks
  - Learning mind-set
- Not averse to making mistakes
- Non-complaining and non-complacent

Thank  
You

